

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): First Choice Pregnancy Services, New Ulm

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Goal: To provide a quality education/mentoring program to pregnant and parenting women

For the period/quarter: 4th Quarter: April 1, 2017 – June 30, 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance to grant staff Attend required grant meetings Assure payroll is completed Hire new grant staff			
Outreach	Promotion of PA programming in the community			
Car Seat Program	Refer participants for car seat education classes Verify car seat safety training by certified practitioner/technician Provide car seat to participants who need child passenger seat	2	Pregnant women and women with infants are referred to their County's trained Child Passenger Safety Technician for training on the safe and proper use of car seats. Clients bring verification of the training before receiving car seats. Clients who do not need a car seat are also referred for the training and given credit for the EWYL Program.	2

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Crib Distribution/ Sleep Safety Education	Enroll participants in Earn While You Learn program Provide safe sleep education Provide pack-n-play, crib and mattress, or similar infant safe sleep environment	2	Clients, their partners, and family members are learning crib safety and receiving safe sleep education. Clients are encouraged to share this information with anyone who cares for their infant and given written information to take home.. Clients who receive a crib or pack-n-play through the EWYL Program must complete the lesson <u>and</u> demonstrate a safe sleep environment before receiving the equipment.	5
Life-Skills Education Program	Provide monthly group support meetings with speakers addressing various life skills topics including: nutrition, budgeting, relationship building, and accessing Community resources	15	Clients attended group sessions dealing with stimulating brain development in infants and toddlers, building a healthy relationship with infants and toddlers through reading, and making nutritional meals on a small budget.	8
Material Support	Provide baby and maternity clothing to pregnant and parenting women Provide diapers, wipes, and formula to parenting women	5	Women seeking assistance due to lack of funds to purchase baby supplies are receiving baby and maternity clothes, diapers, wipes, and formula. Referrals to our program are being generated by several agencies, schools, churches and clinics in our area.	7
Mentoring Programs	Assess client needs through intake process Develop individual lesson plan for client Provide referrals to local organizations, agencies, and services Connect clients to resources in the community Maintain relationship with client	8	Women who receive a positive pregnancy test, along with women who come to the center knowing they are pregnant, are offered the opportunity to participate in the EWYL Program. Staff arrange, or make referrals for, appointments; follow-up with clients; discuss with clients WIC appointments, doctor visits, and other referral appointments; and mentor clients using the EWYL Program.	6

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Parenting Education	Provide parenting education in an incentive program Education topics include: car seat safety, safe sleep/SIDS, home safety, child abuse prevention and shaken baby prevention.	10	Clients are learning key parenting and safety skills. Clients are watching videos, completing lessons, and interacting with staff and volunteers on these important issues. Other agencies in the area are recommending our program to their clients. We have seen an increase during this quarter of clients continuing with the parenting education.	56
Pregnancy Education	Provide pregnancy education in an incentive program Education topics include: nutrition during pregnancy, smoking and alcohol cessation, child birth classes and breast feeding	10	Clients are learning about pregnancy, being healthy, and having a healthy baby. Area Public Health Nurses and County Family Services programs are referring clients to reinforce the lessons being taught to clients through those agencies. FCPS encourages clients to either share this information with their partners or to bring their partners along. Referrals are made to local hospital programs for pre-natal classes & daddy boot camp.	23
Provide Necessary Services to all clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	3	All new clients are provided with intake assessments whether they sign up for the grant funded EWYL program, or choose only to utilize other services.	14
Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing	3	All clients are provided with intake assessments. Clients with good family support and those who do not live locally sometimes choose not to continue with other services offered by FCPS. These women are given information regarding	6

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	pregnancy support services. Utilize resource database to provide information and make referrals		other services available. Only one new client this quarter chose not to utilize another services at the Center.	
Ultrasound	Provide assessment, counseling, and ultrasound scans for confirmation of pregnancy, estimation of age, and evaluation of interval growth.	7	This quarter FCPS had an increased number of women choosing to have limited OB ultrasound scans.	2

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	1
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	1
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	2
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	4
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	1
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	4

Challenges: Life Skills Education: We will need to play around with the timing for this group as the biggest challenge is attendance. Those who attend state that they are glad they came, but do not always return.

Mentoring: A smaller than usual number of new clients enrolled in the mentoring program. From the intake forms we believe that is because we saw an increased number of women with strong support.

Comments: There was an increase in the number of parenting classes provided during this quarter due to more clients returning for classes after the birth of the baby. This shows that the mentoring relationships being developed during pregnancy are carrying over after the baby is born.